



NEW MILLS PRIMARY SCHOOL

RHSE Programme of Study

At New Mills Primary School, we are proud to teach Jigsaw RSHE. Jigsaw is a mindful and child-centred approach to RSHE. It is an original and comprehensive scheme of learning which integrates personal, social, health and economic education with emphasis on emotional literacy, mental health and SMSC, especially spiritual development. Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

National Curriculum

RSHE (Relationship, Health and Sex Education) is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future. As part of a whole-school approach, RSHE develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

[RSHE Primary National Curriculum](#)

Intent

According to the National Curriculum, every school needs to have a broad and balanced curriculum that:

- promotes the spiritual, moral, social, cultural, mental and physical development of pupils at the school;
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life;
- promotes British values.

From September 2020, primary schools in England also need to teach Relationships and Health Education as compulsory subjects and the Department for Education strongly recommends this should also include age-appropriate Sex Education.

Schools also have statutory responsibilities to safeguard their pupils (Keeping Children Safe in Education, DfE, 2019) and to uphold the Equality Act (2010).

The Jigsaw Programme supports all of these requirements and has children's wellbeing at its heart.

Implementation

Jigsaw is a whole-school approach and embodies a positive philosophy and creative teaching and learning activities to nurture children's development as compassionate and well-rounded human beings as well as building their capacity to learn.

Jigsaw has two main aims for all children:

- To build their capacity for learning

- To equip them for life

Jigsaw brings together RSHE, emotional literacy, mindfulness, social skills and spiritual development. It is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time at their own level. There are six Puzzles – half-term units of work. All lessons are delivered in an age- and stage-appropriate way so that they meet children's needs.

Impact

Impact is demonstrated by how well the children can utilise their learning within their daily lives, from dealing with friendship issues to resilience, to the good behaviours demonstrated inside and outside the classroom, to making healthy choices and knowing when and how to get help when needed. The successful transitions that the children make through school and on to the next stage of their education, are also testament to the progression in the children's personal development.